Let the best not be the enemy of the good!

Comment on: Blümcke I, Arzimanoglou A, Beniczky S, Wiebe S, *et al*. Roadmap for a competency-based educational curriculum in epileptology: report of the Epilepsy Education Task Force of the International League Against Epilepsy. *Epileptic Disord* 2019; 21(2): 1-12.

Mamta Bhushan Singh, Victor Patterson



For the success of the epileptology educational curriculum, it is important to remember that:

- Level 1 epilepsy care is all that may be available to millions of PWE in low/middle-income countries (LMICs).
- The level 1 care provider in most LMICs is either a non-specialist doctor or even a health worker.



- Level 1 care providers require competence to make a clinical diagnosis of epilepsy, start 1st line AEDs, follow patients, and educate patients and caregivers.
- Level 1 competence will also have to include a basic knowledge of AED interactions with common medicines and contraception and pregnancy-related issues in women with epilepsy.
- Improving Level 1 care can effectively narrow the treatment gap and obviate the need for higher-level care for millions of PWE.

