## **Contents**

Foreword	IX
List of participants	XII
Entrance criteria and outcome measures in pediatric epilepsy clinical trials Deborah Hirtz	1
Is it possible to predict the outcome of childhood epilepsy?  Peter Camfield, Carol Camfield	17
Prognostic factors for recurrence after a first unprovoked seizure in childhood Shlomo Shinnar	25
Newly diagnosed epilepsies: clinically relevant conclusions from global studies on outcome Willem F. Arts	33
Does treatment with antiepileptic drugs influence the long-term outcome of newly diagnosed epilepsies?  Alexis Arzimanoglou	45
The influence of convulsive status epilepticus on outcomes of childhood epilepsy  *Richard Chin**	53
Mortality in children with epilepsy Oebele F. Brouwer	61
Immune-related mechanisms of seizures: insights from experimental models Teresa Ravizza, Silvia Balosso, Valentina Iori, Federica Frigerio, Annamaria Vezzani	71

Febrile infection-related epilepsy syndrome (FIRES): pathogenesis, treatment, and outcome A large cohort and update	
Uri Kramer	83
Are idiopathic epilepsy syndromes in neonates always "benign?" Federico Vigevano, Maria Roberta Cilio, Domenico Serino, Lucia Fusco	91
Neonatal epilepsy and underlying aetiology (other than idiopathic): to what extent do the seizures and the EEG abnormalities influence outcome?  Georgia Ramantani	99
Infantile spasms: what matters more? Seizures, EEG, underlying aetiology, or treatment? Andrew L. Lux	109
Lennox-Gastaut syndrome: nosographic limits and long term outcome Giuseppe Capovilla, Alberto Verrotti	121
Dravet syndrome What matters more: seizures or the underlying aetiology? Ingrid E. Scheffer	133
Epileptic encephalopathy with continuous spike-waves during slow-wave sleep including Landau-Kleffner syndrome: what determines the outcome?  Patrick Van Bogaert	141
Outcome of idiopathic generalized epilepsy and the role of EEG discharges Elaine C. Wirrell	149
Refractory childhood epilepsy: comparing the outcome of medical versus surgical treatment  Michael Duchowny	163
Adult outcome of childhood-onset, cause unknown (cryptogenic), MRI-negative, focal epilepsy  Carol Camfield, Peter Camfield	173
Focal non-idiopathic epilepsies: does outcome after epilepsy surgery depend on the localization of the epileptogenic zone in frontal and temporal lobe epilepsy?	
Ingrid Tuxhorn	179
Outcome after epilepsy surgery of MRI-negative non-idiopathic focal epilepsies	
Tĥomas Bast	191

Outcome when malformations of cortical development (MCD) are the cause Hans Holthausen, Tom Pieper, Manfred Kudernatsch, Ingmar Blümcke	203
Timing of antiepileptic drug withdrawal after pediatric epilepsy surgery Kees P.J. Braun, Kim Boshuisen	217
Anxiety and depression in children with epilepsy Julianne Giust, David W. Dunn	225
Health perception and socio-economic status of childhood onset epilepsy  Ada T. Geerts	237
What if quality of life better expressed outcomes for epilepsy?  Kathy Nixon Speechley	253

### **Foreword**

From 15 to 18 November, 2012, 49 experts in the field of childhood epilepsy convened in The Hague, The Netherlands, for a workshop entitled: Outcome of Childhood Epilepsies. The workshop was held within the framework of the "Progress in Epileptic Disorders" workshops, organized by the journal Epileptic Disorders. The 2012 workshop was held in The Hague on the occasion of the 25th anniversary of the Dutch Study of Epilepsy in Childhood, and the members of the Dutch study group felt indeed very honoured to host so many distinguished guests.

The Dutch Study of Epilepsy in Childhood (DSEC) started in 1987 as a prospective cohort study of children with newly diagnosed epilepsy. The children were recruited from four hospitals in three adjacent cities in The Netherlands and the almost 500 children recruited over a period of four years were considered to contain roughly 70–80% of all incident cases in the referral area of the participating hospitals.

The original study group consisted—in alphabetical order—of Willem Arts, Oebele Brouwer, Ada Geerts, Boudewijn Peters, Hans Stroink and Cees Van Donselaar, and, sticking together as a group despite changes in the respective careers, we were able to continue the follow-up of the cohort until quite recently. Altogether, the DSEC produced about 50 papers in peer-reviewed journals, six theses, and countless contributions to international congresses and meetings. Most of this output concerned research on the outcome of the epilepsy of these children. Without aiming for completeness, we can mention the outcome after a single unprovoked seizure (Stroink), the outcome of newly diagnosed epilepsy (Arts, Geerts), the outcome after withdrawal of AEDs (Brouwer, Peters, Geerts), mortality (Brouwer, Callenbach), quality of life and psychosocial outcome (Carpay, Geerts), cognitive outcome (Geerts, Oostrom, Peters, Schouten), outcome predictability (Arts, Boerrigter, Geelhoed, Geerts), and intractability (Arts, Geerts).

Many of the contributions were realized only after intensive collaboration by and discussions with experts in the field like Carol and Peter Camfield, Anne Berg, Shlomo Shinnar, Matti Sillanpää, David Chadwick, Richard Appleton and many, many others. The 25th anniversary of the DSEC for us marked an excellent occasion to acknowledge their contributions and express our gratitude for it.

The background of the workshop was on the one hand the availability of many outcome data from cohort studies, trials and other studies on (treatment of) childhood-onset epilepsy. We felt that a state-of-the-art survey of the available data was now timely. On the other hand, it had already become clear that our knowledge on outcome of childhood epilepsy in general and of specific types of epilepsy and of treatment modalities in particular is as yet by far insufficient to base sound, evidence-based treatment strategies on. The workshop therefore also aimed to identify the lacuna's in our knowledge and define research topics in this area for the years to come.

We really enjoyed three days of exciting discussions, and we hope that the readers of this book will agree with us that altogether, this is a state-of-the-art review as good and as up-to-date as one can get.

We are very grateful for having had the opportunity to organize this workshop. Our thanks go especially to Alexis Arzimanoglou, editor-in-chief of *Epileptic Disorders*, who opened up the possibility to embed the workshop within the "Progress in Epileptic Disorders" series, and was of great help with the content and organization, and to the other two members of the scientific committee, Carol and Peter Camfield. And of course, this also gives us the opportunity to gratefully acknowledge the enduring friendship, trust and hospitality we experienced from "The Camfields" during many years!

We thank all speakers and discussants who did such a great job, especially those who wrote a chapter and later revised it, incorporating the remarks and suggestions made during the sometimes heavy discussions. Special thanks go to Mrs. Florence Marsy from ANT Congress who did all the practical organizational work and to UCB Pharma for their continuing support for the "Progress in Epileptic Disorders" workshops. We gratefully acknowledge their unrestricted educational grant.

Finally, we also wish to thank John Libbey Eurotext Editions and their editor, Mrs Anne Chevalier, for their help in publishing this book soon after the workshop, eliminating our textual and linguistic mistakes.

Willem F. Arts, Oebele F. Brouwer

# Outcome of Childhood Epilepsies Progress in Epileptic Disorders Workshop The Hague, The Netherlands November 2012

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