Chromosomal disorders associated with epilepsy

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ABSTRACT – Epilepsy is among the most common findings associated with chromosome aberrations, particularly those involving autosomal chromosome imbalances. Most chromosome aberrations can be associated with different seizure types, but there are a few aberrations featuring specific seizure and electroencephalographic (EEG) patterns. The analysis of electro-clinical patterns associated with chromosomal aberrations is a major tool in the identification of epilepsy susceptibility genes. Advances in molecular cytogenetic techniques will certainly increase the diagnostic yield, and an increasing number of individuals previously diagnosed as having "cryptogenic" epilepsy will turn out to have an underlying chromosomal aberration. We review the types of seizures, EEG findings, and their natural history in the chromosomal disorders that are consistently associated with epilepsy.

Key words: chromosomal disorders, malformation syndromes, epilepsy, seizures

Epilepsy is among the most common findings associated with chromosome aberrations, particularly those involving autosomal chromosome imbalance. Virtually all known chromosomal abnormalities lead to anatomico-functional impairment of the central nervous system and most are accompanied by developmental delay and mental retardation. Although the risk of epilepsy is greater in individuals with chromosomal disorders than in the general population (Holmes 1987), such genetic disorders do not represent per se, a frequent cause of epilepsy (Jennings and Bird 1981). Most chromosome aberrations can be associated with a variety of seizure types, but there are certain aberrations featuring specific seizure and electroencephalographic (EEG) patterns. Despite the increasing interest in the genetics of epilepsy, little attention has been paid to cytogenetics as a resource with which to identify putative epilepsy genes. The analysis of electro-clinical patterns associated with chromosomal aberrations is a major tool in the identification of epilepsy susceptibility genes. Advances in molecular cytogenetic techniques, such as fluorescent in situ hybridization (FISH), subtelomeric analysis, and comparative genomic hybridization (CGH) microarray, have great diagnostic potential, allowing for the detection of submicroscopic or "cryptic" chromosome rearrangements. Such recent laboratory methods will certainly increase the diagnostic yield, and a number of individuals previously diagnosed as having "cryptogenic" epilepsy will turn out to have a causative chromosomal aberration.

Chromosome aberrations may be caused by abnormalities in number or structure. Abnormalities of chromosome number include polyplody, and autosomal and sex chromosome aneuploidy. Aneuploides of the auto-
chromosome (Heilstedt et al. 2003). Terminal deletions arose from the maternally inherited chromosome, whereas in another study, 4/5 (80%) terminal deletions arose from the paternally derived chromosome (Heilstedt et al. 2003). Accurate information on the epilepsy phenotype, specific electrophysiological findings and their natural history is paramount importance to pediatricians and child neurologists who provide health care to patients with epilepsy associated with chromosome aberration. Here, we present a review of the most common chromosomal disorders that are consistently associated with epilepsy.

**Del 1p36 syndrome**

The del 1p36 syndrome is a recently characterised clinical entity, associated with distinct congenital anomalies and mental retardation. The incidence is estimated to be 1 in 5,000 to 1 in 10,000, making it the most common terminal deletion (Shaffer and Heilstedt 2001). There seems to be a female predilection of 1.5:1 (Heilstedt et al. 2003, Battaglia et al. 2004). About 100 cases have been reported (Heilstedt et al. 2003, Magenis et al. 1987). Monosomy 1p36 may be the result of pure terminal deletions, interstitial deletions of varying sizes and different breakpoints (Wu et al. 1999) derivative chromosome 1, or more complex rearrangements (Heilstedt et al. 2003, Battaglia et al. 2004). Conventional cytogenetics may not detect these rearrangements, particularly those that are derivative chromosomes. FISH analysis with subtelomeric, region-specific probes is necessary in most cases. Determination of the parental origin has shown discordant results. In one series, 24/40 (60%) of de novo 1p36, terminal deletions arose from the maternally inherited chromosome (Heilstedt et al. 2003), whereas in another study, 4/5 (80%) terminal deletions arose from the paternally inherited chromosome (Battaglia et al. 2004). Overall, deletions of paternal origin seem to be larger than deletions derived from the maternally inherited chromosome (Heilstedt et al. 2003, Battaglia et al. 2004). Pre-and/or postnatal growth retardation (Magenis et al. 1987, Yunis et al. 1981, Blennow et al. 1996, Reish et al. 1995, Keppler-Noreuil et al. 1995, Giraudieu et al. 1997, Shapiro et al. 1997, Riedel et al. 1999, Hain et al. 1980, Biegel et al. 1993, Slavotinek et al. 1999), as well as obesity and hyperphagia (Keppler-Noreuil et al. 1995, Sandlin et al. 1995, Shapiro et al. 1997, Egster et al. 1997) have been reported. The craniofacial features of these individuals are distinct and remarkably similar, representing a hallmark of the condition. They include: micro-brachycephaly; large and late-closing anterior fontanelle; prominent forehead; straight eyebrows; short palpebral fissures; broad/flat nasal bridge; midface hypoplasia; pointed chin; abnormal ears.

All subjects have developmental delay/mental retardation varying from moderate to profound (Shaffer and Heilstedt 2001, Heilstedt et al. 2003, Battaglia et al. 2004, Shapiro et al. 1997). Expressive language is significantly impaired, being absent or very poor in most. However, three patients with the smallest documented deletions had mild mental retardation and complex speech abilities (Wu et al. 1999, Slavotinek et al. 1999). The craniofacial features, together with the neurodevelopmental manifestations, should prompt clinical recognition of the syndrome. Seizures occur in about 50% of patients (Heilstedt et al. 2003, Battaglia et al. 2004). There does not appear to be one seizure type that is predominant, and infantile spasms, simple and complex partial seizures, generalized tonic-clonic seizures, myoclonic seizures, and absence spells have been reported (Blennow et al. 1996, Reish et al. 1995, Slavotinek et al. 1999, Keppler-Noreuil et al. 1995, Giraudieu et al. 1997, Shapiro et al. 1997, Riegel et al. 1999, Knight-Jones et al. 2000). Age at seizure-onset is difficult to retrieve from the literature. However, from the available data it appears that seizures start in infancy or childhood, and are well controlled by antiepileptic drugs (Battaglia et al. 2004, Egster et al. 1997, Slavotinek et al. 1999). EEG abnormalities are also variable, including hypsarrhythmia, focal and multifocal spikes, and asymmetry of slow wave activity (Battaglia et al. 2004, Knight-Jones et al. 2000, Wenger et al. 1988).

Of note, a severe seizure phenotype (including infantile spasms and medically intractable seizures) or epileptiform activity on the EEG has been associated with hemizygosity for the voltage-gated K+ channel β-subunit gene, KCNAB2 (Heilstedt et al. 2001).


**Del 4p (Wolf-Hirschhorn) syndrome**

Wolf-Hirschhorn syndrome (WHS) is a well-known, multiple congenital anomalies/mental retardation syndrome (Cooper and Hirschhorn 1961). Its frequency is estimated as one per 50,000 births, with a female predilection of 2:1 (Lurie et al. 1980, Gorlin et al. 1990). However, it is possible that this rate is an underestimate in view of the frequency of missed diagnosis due to lack of recognition or inadequate cytogenetic analysis (Battaglia et al. 2001).
The disorder is caused by partial loss of material from the distal portion of the short arm of chromosome 4. The minimal deleted segment causing the phenotype is 4p16.3 (Lurie et al. 1980). While most individuals (75%) have a de novo deletion (Lurie et al. 1980) of preferential paternal origin (Tupler et al. 1992, Dallapiccola et al. 1993), about 12% have an unusual chromosome abnormality (such as ring 4), and about 13% have deletion of 4p16 as the result of having inherited an unbalanced chromosome rearrangement from a parent with a balanced rearrangement. Standard cytogenetics detects about 60-70% of deletions, while FISH (using the WHSCR probe) detects >95%. Subtelomeric FISH analysis can be useful to determine if a deletion is the result of an unbalanced translocation (Battaglia et al. 2002-2004).

The most striking features of del 4p are the typical “Greek warrior helmet appearance of the nose” (i.e. the broad bridge of the nose continuing to the forehead), pre and post-natal growth delay, congenital hypotonia, mental retardation and seizures (Battaglia et al. 2001).

According to different reports, epileptic seizures constitute a major medical concern during the first years of life, and occur in 50% to 100% of WHS patients (Battaglia et al. 2001, Guthrie et al. 1971, Centerwall et al. 1975, De Grouchy and Turleau 1984, Stengel-Rutkowski et al. 1984). These seizures usually begin within the first two years of life, with a peak incidence at around 9-10 months of age. They may be clonic or tonic, unilateral with or without secondary generalisation, or generalised as tonic-clonic from the onset (Battaglia et al. 2001, Reid et al. 1996, Estabrooks et al. 1994, Ogle et al. 1996, Battaglia 1997, Battaglia et al. 1999a, Battaglia et al. 1999b, Battaglia and Carey 1999, Battaglia and Carey 2000). They are frequently triggered by fever; may last 15 minutes or longer, and often occur in clusters (Battaglia 1997, Battaglia et al. 1999a and b, Sgrò et al. 1995, Zankl et al. 2001). In over 50% of the patients, unilateral or generalised clonic or tonic-clonic status epilepticus occurs during the early years, despite adequate antiepileptic treatment (Battaglia et al. 2001). Between 1 and 5 years of age, almost two thirds of the patients develop atypical absences, often accompanied by a mild myoclonic component, mainly involving the eyelids and axorizomelic muscles (Battaglia et al. 2001, Battaglia et al. 2004, Battaglia 1997, Battaglia et al. 1999, Battaglia et al. 1999, Sgrò et al. 1995). These episodes are accompanied by generalised slow spike/wave complexes. Interictal EEG shows high amplitude, fast spikes-polyspikes/wave complexes over the posterior temporal and parieto-occipital regions, triggered by eye closure. Other seizure types associated with del 4p have been described in a minority of patients, and include myoclonic seizures (Zankl et al. 2001), tonic spasms, and complex partial seizures (Kanazawa et al. 1991).

In our experience, the seizures observed in WHS can be effectively controlled by valproate (VPA) alone or associated with ethosuximide (ESM). In a minority of patients there may be a need to add a benzodiazepine (Battaglia and Carey, in preparation). However, the use of carbamazepine (CBZ) may worsen the electroclinical picture. Despite early severity, the long term outcome of epilepsy seems to be good, as seizures tend to disappear with age (Battaglia 2005b, Battaglia and Carey 2005). The GABA<sub>δ</sub> receptor gene was a candidate gene for epilepsy in WHS. However, this gene maps proximal to the critical deletion region (WHSCR), specifically, 4p12-p13 (Buckle et al. 1989). Whereas, LETM1, a gene possibly involved in Ca<sup>2+</sup> signalling or homeostasis, seems to be a good candidate for the seizures and neuromuscular problems in WHS (Endele et al. 1999, Van Buggenhout et al. 2004). Initially, LETM1 was suggested to flank the WHSCR (Battaglia et al. 2001, Endele et al. 1999), but a recent report implies that it falls within the newly proposed critical region of WHS, nearer the telomere (Zollino et al. 2003).

The most frequent brain abnormality is corpus callosum hypoplasia, occasionally associated with decreased white matter volume, and hypoplasia or agenesis of the posterior lobe of the cerebellum. Hypoplastic brain with narrow gyri, heterotopias, and dysplasias of nuclear structures have been described in a minority of cases (Lazjuk et al. 1980, Gottfried et al. 1981).

**Trisomy 12p syndrome**

Just over twenty cases of duplication of the short arm of chromosome 12 have been reported (Schinzel 2001). Trisomy 12p is estimated to occur at a rate of 1 to 50,000 births (Stengel-Rutkowski et al. 1981). The patient’s face shows some similarity to Down syndrome, and, in addition, turri-brachycephaly, bushy eyebrows, hypoplastic philtrum, everted lower lip, full cheeks, short hands and club feet can be present. Mental retardation is usually severe.

Most cases of trisomy 12p are due to familial translocations; a minority occur as a de novo isochromosome with translocation (Allen et al. 1996) or as a de novo translocation (Ray et al. 1985).

Lateralized microgyria, internal hydrocephalus, cortical dysplasia and ectopic glial tissue in the leptomeninges have been observed at neuropathology examination, in three neonates with severe malformations (Nielsen et al. 1977).

Description of seizures has been very scant. Generalised convulsive seizures, on occasions triggered by fever, or myoclonic seizures are the most frequently reported. Of note, is the occurrence of generalised 3 Hz spike/wave complexes in 4 patients, 3 of whom had childhood-onset myoclonic absences or myoclonic seizures, which were well controlled by AEDs (Guerrini et al. 1990, Elia et al. 1998).
**Ring chromosome 14 syndrome**

Ring chromosome 14 (r14), is a rare chromosomal disorder, reported so far in more than 30 patients, and consistently associated with seizures. In all cases, dysmorphic features are mild, and almost invariably seizures occur in infancy and are intractable (Schinzel 2001, Singh et al. 2002). A variety of types has been described, including generalized tonic-clonic, myoclonic, complex partial seizures, and “minor motor” seizures (Lippe and Sparkes 1981, Schmidt et al. 1981, Frys et al. 1983, Matalon et al. 1990, Zelante et al. 1991). Brain atrophy with ventricle dilatation has been observed in several subjects. The degree of mental impairment varies from mild to severe. In most individuals the breakpoints in 14q were detected in the terminal band 14q32. Familial occurrence has been noted in two instances (Matalon et al. 1990, Riley et al. 1981).

**Angelman syndrome**

Angelman syndrome (AS) has emerged as an important neurogenetic disorder due to its incidence of about 1/12,000-20,000 (Steffenburg et al. 1996), and easier confirmation of the diagnosis by improved genetic testing. Owing to its nonspecific clinical features, AS poses diagnostic challenges to the clinician during the first years of life. In later childhood however, developmental delay/mental retardation, absent or very poor speech (<10 words), ataxia, jerky movements, and the happy countenance with frequent laughter usually present as a recognizable clinical entity. AS results from the absence or nonfunctioning of the normally active maternal allele at 15q11-q13. From 70 to 75% of subjects show a deletion of region 15q11-q13 of the maternally-derived chromosome; 2-5% show paternal uniparental disomy (UPD) of chromosome 15; 2-5% have an imprinting centre (IC) defect; 20-25% show UBE3A and other presumed, single gene mutations. A few individuals with the apparent clinical phenotype of AS have no, as yet detectable genetic abnormality.

The suggested first line testing is either FISH (plus a standard karyotype) or DNA methylation analysis. Methylation analysis will diagnose 80% of patients with classic AS, but when this is the first investigation, further evaluation with FISH and/or DNA polymorphism analysis is recommended to identify the molecular class of AS (deletion; UPD; IC detect), for genetic counseling purposes (Williams 2005). UBE3A gene mutation analysis should be pursued when there is a strong clinical suspicion of AS and a negative methylation test. The rare cases of familial recurrence of AS show either IC or UBE3A mutations (Guerini et al. 2003).

All patients have severe developmental delay/mental retardation, becoming apparent by age 6-12 months; absent or very poor speech; ataxic gait; tremulousness of limbs; and a distinct behavior profile with unprovoked and frequent laughter, excitable personality, hand flapping, and short attention span. Microcephaly becomes evident by age 2 years. Additional, less frequent findings have also been reported (Battaglia and Gurrieri 1999). Neuroimaging usually shows a structurally normal brain. However, small temporal and frontal lobes with disorganized and irregular gyri, irregular distribution of neurons in layer 3, and minor heterotopias in both the cerebrum and cerebellum have been reported in two patients (Jay et al. 1991, Kyriakides et al. 1992).

Epilepsy is very frequent, affecting as much as 90% of children (Angelman 1965, Matsumoto et al. 1992, Viani et al. 1995, Zori et al. 1992). Apparently, fewer than 25% of patients develop seizures before age 1 year; most starting before age 3. Initial occurrence later in life is not frequent (Matsumoto et al. 1992, Viani et al. 1995, Zori et al. 1992, Sugimoto et al. 1994). The first seizures are often precipitated by fever (Matsumoto et al. 1992, Sugimoto et al. 1994). Atypical absences, myoclonic seizures, generalised tonic-clonic and unilateral seizures are among the main ictal patterns (Battaglia and Gurrieri 1999, Matsumoto et al. 1992, Viani et al. 1995, Sugimoto et al. 1994). Complex partial seizures with eye deviation and vomiting, possibly indicating occipital lobe origin, seem to occur frequently (Viani et al. 1995), whereas infantile spasms with hypsarrhythmia are exceptional. Over half the subjects suffer from episodes of decreased alertness and hypotonia, lasting for days or weeks, described as nonconvulsive status epilepticus (Matsumoto et al. 1992, Sugimoto et al. 1994). Often a concomitant mild jerking (Dalla Bernardina et al. 1992, Guerrini et al. 1996) may be observed. Video-EEG-polygraphic recordings during myoclonic status or short myoclonic seizures show diffuse, irregular, 2 Hz spike/wave complexes, accompanied in some patients by EEG-spikes that are time-locked to myoclonic potentials. Myoclonic jerks typically cease during sleep (Viani et al. 1995, Guerrini et al. 1996) and, in some patients, may remain erratic, with no apparent relation to the EEG discharges. In addition, AS patients exhibit quasi-continuous, 11 Hz, multifocal, rhythmic cortical myoclonia, mainly involving the hands and face, which are responsible for mild jerking or twitching, easily mistaken for a tremor (Guerini et al. 1996).

Although initially rather difficult to treat, seizures often remit after puberty (Matsumoto et al. 1992, Bower and Jeavons 1967, Boyd et al. 1988), and myoclonic status is rare after age 6, providing additional support for age-dependence of seizure expression (Zori et al. 1992). Complete seizure remission is however, rare (Laan et al. 1997, Minassian et al. 1998), the number of subjects still having seizures as adults being unknown. Subjects with AS have distinctive EEG patterns varying with age (Matsumoto et al. 1992, Viani et al. 1995, Sugimoto et al. 1994, Boyd et al. 1988, Laan et al. 1997,
Inv-dup (15) or Idic (15) syndrome

The chromosome region 15q11-q13 is known for its instability (Donlon et al. 1986), and many rearrangements may occur in this imprinted segment, including deletions, translocations, inversions, and supernumerary marker chromosomes formed by the inverted duplication of proximal chromosome 15. Interstitial duplications and triplications are much less frequent. The inv dup(15) is the most common of the heterogeneous group of extra-structurally abnormal chromosomes (ESACs), and accounts for about 50% of supernumerary marker chromosomes (Hook and Cross 1987). Of the two identified cytogenetic types of inv dup(15) marker chromosomes, one is a metacentric, smaller or similar to a G group chromosome, not containing the PWS/AS critical region (PWS/ASCR), and is found in children with a normal phenotype (Cheng et al. 1994). The second type of inv dup(15) is as large as or larger than a G group chromosome, contains the PWS/AS critical region (Robinson et al. 1993, Blennow et al. 1995), and is associated with an abnormal phenotype (Battaglia et al. 1997). Its cytogenetic description is dic(15)(q12 or q13). Most dic(15)(q12 or q13) derive from the two homologous maternal chromosomes at meiosis, and are associated with increased maternal age at conception. The presence of large inv dup(15) results in tetrasomy 15p and partial tetrasomy 15q. Incidence at birth is estimated as 1 to 30,000 with a sex ratio of 1 (Schinzel and Niedrist 2001). In order to detect the rearrangement, standard cytogenetics must be associated with FISH analysis, with probes both from proximal chromosome 15 and from the PWS/ASCR (Luke et al. 1994, Webb et al. 1998). For detection of parent-of-origin, microsatellite analysis of parental DNA, or methylation analysis of the proband DNA are also needed (Luke et al. 1994, Webb et al. 1998). The most consistent clinical findings are represented by moderate-profound developmental delay/mental retardation, severe epilepsy, diffuse hypotonia, and autistic behavior (Battaglia et al. 1997, Cabrera et al. 1998, Borgatti et al. 2001, Takeda et al. 2000, Battaglia 2005c). Overall, there are either no dysmorphic findings or only "minor anomalies", such as epicanthus, downsizing of the palpebral fissures, low-set ears, and skin pigmentation changes.

In most individuals, epilepsy shows the characteristics of the Lennox-Gastaut syndrome or of a similar syndrome, with very poor outcome. West syndrome has been reported in a minority of subjects (Battaglia et al. 1997, Cabrera et al. 1998, Takeda et al. 2000, Battaglia 2005c, Torrisi et al. 2001). Myoclonic and complex partial seizures have also been observed (Gillberg et al. 1991, Aguglia et al. 1999). A milder clinical presentation with adult-onset generalized epilepsy has been reported in two patients with large inv dup(15) (Chifari et al. 2002). Various genetic mechanisms have been hypothesized to explain clinical heterogeneity, beyond the size of chromosomal duplication, including dosage effect of genes located within the duplicated region (Battaglia 2005c, Torrisi et al. 2001). Considering that a mild epileptic phenotype does not rule out a diagnosis of inv dup(15), it has been suggested that such a chromosome rearrangement be ruled out as a possible, though rare, cause of atypical "cryptogenic" or idiopathic generalized epilepsy (Chifari et al. 2002).

Ring chromosome 20 syndrome

Ring chromosome 20 (r20) is a rare chromosomal disorder, of which epilepsy is a striking feature. Conversely, the absence of a consistent pattern of dysmorphic signs, and very rare malformations, makes the diagnosis difficult. Psychomotor development tends to be initially normal. Seizures occur in almost all subjects, with onset between infancy and age 17, and tend to be refractory to treatment (Singh et al. 2002, Zuberi and Biraben 2004). The distinct electro-clinical pattern is represented by a "non-convulsive status" with repetitive, prolonged episodes of confusion, speech difficulties and complex automatisms,
usually lasting from several minutes to one hour, accompanied by continuous, 2-3 Hz, bilateral, high amplitude slow waves with occasional spikes, with frontal predominance. Such episodes often occur daily, and can be interspersed with perioral jerking and eyelid myoclonia (Singh et al. 2002, Lancman et al. 1993, Inoue et al. 1997, Petit et al. 1999, Canevini et al. 1998). Typical spike and wave discharges are rarely seen. Frontal lobe ictal-onset was shown by means of subdural electrodes during typical confusional episodes (Inoue et al. 1997). On the basis of ictal SPECT studies, a possible role for subcortical structures in the genesis of such a characteristic ictal pattern has been hypothesized (Biraben et al. 2001).

Hyperventilation, specific mental activities or adverse psychological situations play a triggering role in some children (Roubertie et al. 2000). Prolonged seizures are still at risk of being misinterpreted as behavioral, non-epileptic manifestations, particularly in young children, unless video-EEG recording is available (Inoue et al. 1997). Partial motor, complex partial and generalized tonic-clonic seizures have also been reported. Intercital EEG, normal in some individuals, can show spikes over both fronto-temporal regions in others.

The description of more than 30 cases has highlighted the uniqueness of the electro-clinical presentation of the r20 syndrome (Singh et al. 2002), which should always prompt a request for karyotyping. In view of the fact that the percentage of lymphocytes carrying the chromosome rearrangement may be low, this analysis should be performed looking at, at least, 100 mitoses (Roubertie et al. 2000). In most cases the locus of fusion between the deleted short and long arms in the ring chromosome was p13q13 or p13q13.3 or p13q13.33 (Singh et al. 2002, Inoue et al. 1997). The loss of telomeric material on both arms of chromosome 20 is usually identified by FISH (Brandt et al. 1993). Cases with a mosaicism for r20 have also been observed. Most cases are sporadic, but a few are familial (Canevini et al. 1998). The severity of cognitive impairment seems to correlate with the percentage of mosaicism, whereas that of epilepsy does not (Inoue et al. 1997).

Trisomy 21 (Down’s) syndrome

Down’s syndrome (DS) has an incidence of about 1/650 to 1/1,000 live births (Smith and Berg 1976). It is associated with triplication of chromosomes 21 in 95% of individuals; with chromosomal translocation in 4%; and with mosaicism of a trisomic cell line in 1%. The full phenotype appears to manifest when band 21q22 is triplicated, sub-band 21q22.12 being the most critical (Epstein 1997).

The incidence of seizures in DS individuals is estimated as 5-10% (Tatsuno et al. 1984, Pueschel et al. 1991). However, there seems to be an age-related incidence of epilepsy, with peaks respectively within the first 12 months, and in the fourth and fifth decades of life (Veall 1974). The first peak may be related to early medical complications (Silva et al. 1996), while the second peak coincides with the development of the neuropathological, Alzheimer-like, changes (Friede 1989). All seizure types may occur in DS, with GTC being the most common (Tatsuno et al. 1984, Pueschel et al. 1991, Stafstrom et al. 1991). Infantile spasms (IS) in DS are 8-10 times more common than in the general population (Stafstrom and Konkol 1994). Prognosis of IS is usually good with regard to both seizure control and cognition. Remission is obtained with ACTH or steroids, without relapse of seizures (Guerrini et al. 1989) and, if later seizure types occur, they are usually of the idiopathic age-related variety (Silva et al. 1996). An exception to such a favourable trend is represented by infantile spasms following a perinatal hypoxic injury (Stafstrom and Konkol 1994, Guerrini et al. 1993).

Reflex seizures, in the context of a startle epilepsy, seem to be particularly frequent in DS (Gimenez-Roldan and Martin 1980, Saenz-Lope et al. 1984, Guerrini et al. 1990, Pueschel and Louis 1993). Age at seizure onset is variable, with no evidence of etiological factors other than DS. Most individuals present “pure” forms of reflex epilepsy, with almost all seizures being precipitated by acoustic or tactile stimuli.

Lennox-Gastaut syndrome, although rare, has been well documented in DS. Its de novo occurrence at a mean age of 10 seems quite distinctive (Guerrini et al. 1993).


DS brains look smaller, with fronto-temporal lobe hypoplasia, a reduced hindbrain/cerebrum ratio, and a narrowed superior temporal gyrus (Jerrigan et al. 1993). Cortical dysgenesis with fewer GABAergic interneurons has been observed (Wisniewski et al. 1984). These structural brain abnormalities may play a role in the occurrence of epilepsy in DS, in association with other factors, such as intrinsic physiological alterations or neurochemical processes affecting synaptic transmission.

Fragile X syndrome

Fragile X syndrome is the most common inherited cause of mental retardation, and represents 30% of all cases of X-linked mental retardation (Sherman 2002). It is caused by a trinucleotide repeat expansion of the three bases cytosine-guanine-guanine (CGG) occurring in the FMR1 gene at Xq27.3. An expansion > 230 CGG repeats (full mutation) is associated with the syndrome. Smaller expansion of 55-200 CGG repeats (premutation) is usually not associated with cognitive impairment, and has been detected in 1 in 259 females, and in 1 in 813 males in the general population (Rousseau et al. 1995, Dombrowski et
The overall prevalence of fragile X syndrome in males and females may be estimated as 1 in 2,000 to 1 in 3,000 (Sherman 2002). The classical phenotype is characterised by long face; large, prominent ears; prognathism; high-arched palate; hyperextensible fingers; mitral valve prolapse; macroorchidism (postpubertally); flat feet; hypotonia. Females are less affected than males, since they have two X chromosomes, and the normal X is producing a normal amount of FMR1 protein (FMRP), depending on the X inactivation ratio. In both sexes the level of FMRP correlates with the degree of cognitive involvement (Tassone et al. 1999). Most individuals with the premutation have normal cognition (Hagerman et al. 1996, Tassone et al. 2000). In males with the full mutation that is fully methylated (FMR1 not expressed), little or no FMRP is produced. The average IQ in adulthood of full mutation males with > 50% of the cells unmethylated is about 88, and the average IQ of individuals with a mosaic pattern (some cells with the premutation and some cells with the full mutation) is 60 (Hagerman 2002). Almost 70% of full mutation females will have a borderline cognitive delay (IQ 70-84) or a mild mental retardation (IQ 50-55-70). Hyperactivity, attention problems, anxiety (social anxiety), and obsessive-compulsive behaviour are quite common. The diagnosis of fragile X syndrome is confirmed by DNA testing using Southern blot analysis, which determines the CGG repeat number within the FMR1 gene. Polymerase chain reaction (PCR) testing will give a more exact CGG repeat number within the premutation range (Brown 2002).

A point mutation within FMR1, leading to an abnormally functioning FMRP, has been described in only a few individuals. Deletion of the FMR1 gene also causes a typical fragile X phenotype (Hagerman et al. 2005). Seizures are observed in almost 20-25% of subjects with fragile X syndrome (Wisniewski et al. 1991, Musumeci et al. 1991). They usually occur in childhood, resolve by adolescence, and are well controlled by antiepileptic drugs (Guerrini et al. 1989, Wisniewski et al. 1991, Musumeci et al. 1991, Guerrini et al. 1992). The seizure types most frequently observed are generalized tonic-clonic, complex partial, or focal motor (Guerrini et al. 1989). Background EEG activity may be slow, and, possibly age-related, mid-temporal spikes (similar to those of benign rolandic epilepsy) have been described in a few males, with or without seizures (Guerrini et al. 1989, Wisniewski et al. 1991, Musumeci et al. 1991).

**Klinefelter (XXY) syndrome**

The incidence of Klinefelter syndrome (KS) is 1.2 per 1,000 live-born males (Hook et al. 1992). The additional X chromosome has been shown to be paternally derived in 50-60% of cases, and maternally derived in 40-50% (Lorda-Sanchez et al. 1992). When paternally derived, X-Y nondisjunction must occur in meiosis I; and when maternally derived, nondisjunction occurs in meiosis I in 48% and in meiosis II in 29% of cases; 16% show postzygotic origin, and in 7% the origin is unknown (Lorda-Sanchez et al. 1992, Thomas et al. 2000). Maternal age is increased, whereas paternal age is not (Thomas et al. 2000, Shi et al. 2002). Small testes, gynecomastia, and hypergonadotropic hypogonadism are typical, and some degree of learning disability is usually present. Some individuals are tall and thin with a eunuchoid appearance.

The prevalence of seizures in KS is estimated as 2-10% (Becker et al. 1966, Nielsen and Pedersen 1969, Genton et al. 1992, Guerrini et al. 1997). Different seizure types have been observed, such as early-onset febrile seizures (Elia et al. 1995); absence seizures and/or generalized tonic-clonic seizures, with 3 Hz spike/wave on the EEG (Genton et al. 1992, Bolthauser et al. 1978, Battaglia [unpublished observation]). Overall, the majority of individuals have partial epilepsy, usually well controlled by the antiepileptic drugs (Guerrini et al. 1997).

**Conclusion**

We discussed ten, disparate, chromosomal disorders, most of which feature seizures as an important part of its phenotype. Until now, the study of individuals with chromosomal rearrangements associated with epilepsy has been insufficiently explored. In these syndromes, there is an obvious diversity of epilepsy, with a wide spectrum of seizure severity and a wide range of seizure mechanisms. Nevertheless, quite a number of syndromes show a fairly distinctive electro-clinical pattern, apparently linked to the underlying gene disruption. A thorough study of larger samples of such cases, with a better characterisation of seizures, together with the constantly increasing sophistication of molecular cytogenetics, may prove to be of paramount importance for the identification of epilepsy genes.

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